

Oak Hill Day Services options are tailored for participants who typically work at an Oak Hill community site with emphasis on:

- Recreation and leisure activities
- Personal skill development
- Volunteer opportunities in the community

Of all the programs Sylvia's mother looked into, her first choice was Oak Hill's Day Program in Hamden. For the past two years, Sylvia has joined other adults with developmental and physical disabilities to work and volunteer through Oak Hill's Day Program. Sylvia has learned new ways to increase her level of independence and enhance her self-esteem. Every day she enjoys being with people, trying new things and feeling productive. "I liked the longevity of the staff and the size of the program, which was smaller than most of the others. I loved the atmosphere here...very bright, full of light and activity. I feel very happy that my daughter is here and she is doing fine."—Maureen LaPointe, Sylvia's mother



Andy is successfully employed with Valley Bolt and Screw in Torrington and is responsible for packaging, labeling and inventory. The merchandise Andy works on is delivered to his site, so Andy can work from his day program. When asked how he felt about his job, Andy stated, "It's very interesting; I've always liked this kind of work. People build houses and hospitals with these nuts and bolts. It is a very important job!"



"Walter is an excellent employee who is always willing to help out his co-workers and staff. He is very independent when doing his work and also very attentive to his co-workers' needs, helping them with daily mobility without prompting."



—Pam Stovall, manager, Hartford Day Program

Community Experience

Oak Hill Day Services offer community experiences for people with developmental and physical disabilities. Emphasis is placed on skill development coupled with volunteer work in the community, such as Meals-on-Wheels, and leisure activities.

Allison, a participant at the Oak Hill East Hampton Day Program lends a helping hand to the East Hampton Senior Center and its community by volunteering to distribute meals for the Meals-on-Wheels program. Clif Smith, a volunteer at the center, raves about the partnership with Oak Hill and truly appreciates the help in getting the meals delivered to seniors by our program participants.

Value to the community

We believe that people with disabilities bring value to the workplace and the community and so do our employers who tell us Oak Hill workers are:

- Hardworking, trustworthy and efficient
- Cost effective, reducing recruitment, training and supervisory costs
- Highly productive, with low absentee rates and above-average safety records
- An incentive for other employees and volunteers to work harder and be more productive

Mission:

Oak Hill enhances independence and quality of life for people with disabilities, including visual impairments, by setting the standard in providing innovative solutions, program excellence, services and advocacy.



Oak Hill

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The Connecticut Institute for the Blind, Inc., dba, Oak Hill,
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Oak Hill
Day Services

Every person, no matter how severe his or her disability, has the right and capability to be a contributing, productive member of the community. Help them develop their potential...

Oak Hill Day Services provides work and volunteer options for people with developmental and physical disabilities to increase independence and enhance self-esteem. Competent and committed staff provide the necessary support and set high expectations needed for participants to have dignified and fulfilling lives.

Who are Day Services for?

Adults (21 years or older) with intellectual, developmental and physical disabilities (including visual and hearing impairments) living in Connecticut.

Where are the Oak Hill Day Programs located?

- Ansonia
- Canton
- East Hampton
- East Hartford
- Glastonbury
- Hamden
- Hartford
- Manchester
- Seymour
- Torrington
- Waterbury
- Windsor

Oak Hill Day Services works with over 30 businesses and organizations throughout Connecticut.

What kind of Day Services do we offer?

Supported Employment:

- Accompanied by a job coach who provides on-the-job training
- Participants work at local community businesses throughout Connecticut. Such services as:
 - Landscaping and grounds work
 - Laundry room upkeep
 - Janitorial services
 - Mailing services
 - Store stocking
 - Maintenance
 - Product assembly
 - And more...

Adult Day Services/Work Crews:

- Participants typically work at Oak Hill community sites and are employed in such jobs as:
 - Product assembly
 - Packaging and repacking
 - Collating, sorting, and labeling
 - Janitorial and mail room work

Senior Services:

- Emphasis is placed on reinforcing daily living skills; socialization; and community integration
- Light vocational work and volunteer opportunities in the community
- Leisure and recreational activities (gardening and pet, music and creative art therapy programs)

Monitored by the State

Oak Hill Day Service Programs are contracted for and monitored by the Connecticut Department of Developmental Services (DDS) and other agencies and are tailored to meet the special needs of people who have intellectual and physical disabilities and who may also have visual and hearing impairments.

Oak Hill is a recognized private provider by the Connecticut Department of Developmental Services (DDS) Self-Determination Program (Comprehensive Waiver and Individual and Family Supports Waiver) designed to help people with disabilities and their families to choose and design an individualized program that will encourage growth, independence and quality of life.

How do I get started?

For more information, please call Stan Soby, vice president, Oak Hill Community Programs at (860) 769-3822 or email at stans@ciboakhill.org

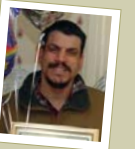
Benefits to Oak Hill Participants

Working and volunteering in the community provides independence, integration and empowerment, as well as:

- An opportunity to become contributors to society
- Enhanced self-esteem
- Recognition for accomplishments
- Earned paycheck for their work

Testimonials

"Manny is considered one of our best and most reliable employees, and we employ a lot of people here. It's all about valuing a person's ability. I've just been so impressed."—Guy Balsome, Reliance Automotive Manufacturing, East Berlin, CT



Ray, a resident of the Vernon Oak Hill group home works at Park Chestnut apartments by helping with garbage pick up and removal. Ray's responsibilities have expanded to include an array of tasks with the cleaning crew who help maintain the appearance of the apartments. "Ray has done a wonderful job and is becoming more self-sufficient and sociable with his housemates. We're all very proud of him."—Paige Dakin, group home manager, Oak Hill Community Programs

